# **10<sup>th</sup> Lymph Clinic Day Wolfsberg** Innovation in diagnostic and therapy April 25<sup>th</sup> – 26<sup>th</sup>, 2025 · Wolfsberg, Austria

# Final Programme



## Innovation in diagnostic and therapy

Dear Sir or Madam, Dear Colleague,

We are in times of great upheaval in healthcare, both in terms of politics and new scientific findings. This is challenging for all of us, both as participants and those affected.

The treatment of our patients requires continuous multidisciplinary exchange, to learn from each other and to examine innovations so those concerned may achieve an optimal therapeutic result and the best possible quality of life.

On the occasion of the anniversary -10 years of the Lymph Clinic Day Wolfsberg - we want to focus on the newest approach, to examine innovations in research and in therapy options and discuss what this means for the treatment of our patients.

The focus of this congress is put on the level of development of the S3-guideline lymphoedema, the progress in the area of diagnosis, concepts and opportunities for patient oriented and -individual conservative and surgical therapy, as well as comorbidities.

We will also be discussing the integration of the S2k-guidelines for lipedema (lipohyperplasia dolorosa) as well as new technical aids in the area of diagnosis and therapy.

Innovation means to have visions, ideas and aims – not standing still and developing and discussing the best possible solutions together.

We cordially invite you to join us in Wolfsberg!



Kind regards, Prim. Dr. med. Christian Ure Conference Chair

### Programme

# Friday, April 25<sup>th</sup>, 2025

11.00 am – ICG-Workshop at Lymph Clinic Wolfsberg
 01.00 pm Prof. Jean-Paul Belgrado, PhD, Brussels, Belgium

- 04.00 pm Registration and visiting the exhibition Practical demonstration
- **05.00 pm** Welcome and introduction of topics

em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria Prim. Dr. med. Christian Ure, Wolfsberg, Austria EOÄ Dr. med. Berit Seeland, Wolfsberg, Austria

05.10 pm Keynote

The history of lymphology and physical oedema therapy *Dr. med. Ulrich Herpertz, St. Blasien, Germany* 

### I. Innovations in diagnostic

Chairs Prof. Jean-Paul Belgrado, PhD, Brussels, Belgium Prof. Dr. med. Claus C. Pieper, Bonn, Germany

- 05.40 pm Update on physiology and pathophysiology of the lymphatic system Andrzej Szuba, MD, PhD, Wroclaw, Poland
- 06.00 pm Lymphatic fluid what is it? New findings Ao. Univ.-Prof. Mag. Dr. rer. nat. Andreas Rössler, Graz, Austria
- 06.20 pm Age-dependent changes in the lymphatic system Ao. Univ. Prof. Dr. med. univ. Erich Brenner, Innsbruck, Austria
- 06.40 pm Imaging in lymphology where are we heading to? Prof. Dr. med. Claus C. Pieper, Bonn, Germany
- 07.00 pm ICG-guided decisions and visualization of possible reasons of lymphoedema *Prof. Jean-Paul Belgrado, PhD, Brussels, Belgium*

II. Innovations in surgical therapy Chairs em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria

Dr. med. Johannes Steinbacher, Vienna, Austria

- 7.20 pm Ultra-High-Frequency Ultrasound: Preoperative diagnostics and planning in lymphatic surgery Dr. med. Aaron Antaeus Metz, Vienna, Austria
- 7.40 pm Innovative concepts in lymphatic surgery Dr. med. Johannes Steinbacher, Vienna, Austria
- 8.00 pm Summary Prim. Dr. med. Christian Ure, Wolfsberg, Austria

Come together and dinner

# Saturday, April 26<sup>th</sup>, 2025

08.00 am Registration and visiting the exhibition Practical demonstration

08.45 am Welcome and introduction of topics em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria Prim. Dr. med. Christian Ure, Wolfsberg, Austria EOÄ Dr. med. Berit Seeland, Wolfsberg, Austria

### II. Innovations in surgical therapy Chairs em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria Dr. med. Peter J. Mallinger, Wolfsberg, Austria

- 09.00 am The outpatient care of oedema patients in specialist practices Dr. med. Peter J. Mallinger, Wolfsberg, Austria
- 09.20 am Liposuction for lipedema patients in cooperation with LKH Wolfsberg Dr. med. Lukas Kalt, Klagenfurt am Wörthersee, Austria

III. Innovations in conservative therapy Chairs Dott. Alberto Onorato, MD, PhD, Udine, Italy EOÄ Dr. med. Berit Seeland, Wolfsberg, Austria

- 09.40 am S3 guideline of lymphoedema: Expected innovations and where are we heading to *Prof. Dr. Michael Koller, Regensburg, Germany*
- 10.00 am Tension free compression Dr. med. Alfred Obermayer, Melk, Austria

- 10.20 am Extracorporeal shockwave therapy: Additional therapy for advanced, fibrosed lymphoedema and for pain reduction in lipedema *Prof. Dr. med. Karsten Knobloch, FACS, Hannover, Germany*
- **10.40 am** Break and visiting the exhibition Practical demonstration

#### IV. Innovations in lipedema

Chairs Ao. Univ. Prof. Dr. med. univ. Erich Brenner, Innsbruck, Austria Prof. Dr. med. Manuel E. Cornely, Duesseldorf, Germany

- 11.10 am
   New facts about lipedema

   Dr. med. Ulrich Herpertz, St. Blasien, Germany
- 11.40 am
   The S2k guideline lipedema: reactions, criticism, perspective

   Dr. med. Gabriele Faerber, Hamburg, Germany
- 12.00 pm Effects of manual lymphatic drainage in lipedema update of the study *Prof. Dr. med. Claus C. Pieper, Bonn, Germany*
- 12.20 pm Lipohyperplasia dolorosa. What we are familiar with, what we already know, what we still need to research. Prof. Dr. med. Manuel E. Cornely, Duesseldorf, Germany
- 12.45 pm Physical medicine: Status quo and where are we heading to PD Dr. med. Anett Reißhauer, Berlin, Germany

Discussions with:

Prim. Dr. med. Gert Apich, Klagenfurt, Austria Prim. Dr. med. Roland Celoud, Horn, Austria Prim. Dr. med. Christian Ure, Wolfsberg, Austria

### 01.30 pm Summary and closing words

em. Prim. Dr. med. Walter Döller, Wolfsberg, Austria Prim. Dr. med. Christian Ure, Wolfsberg, Austria EOÄ Dr. med. Berit Seeland, Wolfsberg, Austria

#### afterwards Brunch and common exchange

optional Visit the Lymph Clinic

03.00-	ICG-Workshop at Lymph Clinic Wolfsberg
05.00 pm	Prof. Jean-Paul Belgrado, PhD, Brussels, Belgium

Please do not make any video recording and / or take photographs. Thank you.

### Lead and moderation

em. Prim. Dr. med. Specialist for Surgery Walter Döller Emeritus Director of the Centre for Lymphology at the LKH Wolfsberg 9400 Wolfsberg, Austria EOÄ Dr. med. Specialist in Internal Medicine **Berit Seeland** Head Physician Wolfsberg Lymphology Clinic at the LKH Wolfsberg Rehabilitation Clinic for Lymphangiology with Acute Care Unit 9400 Wolfsberg, Austria Prim. Dr. med. Specialist in Internal Medicine and Angiology Christian Ure Head of Department Wolfsberg Lymphology Clinic at the LKH Wolfsberg Rehabilitation Clinic for Lymphangiology with Acute Care Unit 9400 Wolfsberg, Austria

### Chairs and speakers

Prim. Dr. med. Head of the Institute for Physical Medicine **Gert Apich** and Rehabilitation Klinikum Klagenfurt am Wörthersee 9020 Klagenfurt am Wörthersee, Austria Head of Physical Medicine at the LKH Wolfsberg

Prof. Jean-Paul Belgrado, PhD

9400 Wolfsberg, Austria Lymphology Research and Rehabilitation Unit Université libre de Bruxelles 808 route de Lennik CP 640 1070 Bruxelles – Belgium Scientific Collaborator: Lymphology Clinic Santorso – Asiago USSL 7 Veneto, Italy Lymphology Dpt Vasc Med Montpellier, France Honorary Professor: Vasil Levski University – Bulgaria Specialist in Anatomy

Ao. Univ. Prof. Dr. med. univ. Institute for Clinical and Functional Anatomy Erich Brenner, Medical University of Innsbruck MME(Bern) 6020 Innsbruck, Austria

Prim. Dr. med. Roland Celoud, S.F.E.B.PRM., MSc	Head of Institute of Physical Medicine, Rehabilitation and Occupational Medicine Landesklinikum Horn	Dr. med. Aaron Antaeus Metz	Resident Hospital of the Divine Savior Department of Plastic and Reconstructive Surgery
Prof. Dr. med.	Senior President of the Austrian Society for Physical Medicine ÖGPMR 3580 Horn, Austria Specialist for Dermatology and Venereology	Dr. med. Alfred Obermayer	1170 Vienna, Austria Specialist in General and Trauma Surgery Head of the Karl Landsteiner Institute of Functional Phlebology Surgery
Manuel E. Cornely Dr. med. Gabriele Faerber	LY.SEARCH gGmbH 40549 Duesseldorf, Germany Specialist in General Medicine, Phlebology, Lymphology,		Senior Physician of the LK Melk Surgical Department Practice in Melk and Vienna 3390 Melk, Austria
	Nutritional Medicine Center for Vascular Medicine 22761 Hamburg, Germany	Dott. Alberto Onorato, MD, PhD	Specialist in Physical Medicine and Rehabilitation Linfamed Srl 33100 Udine, Italy
Dr. med. Ulrich Herpertz Dr. med. Lukas Kalt	Internal Specialist, Oedematologist, Lymphologist 79837 St. Blasien, Germany Resident Department of Plastic, Reconstructive and Aesthetic Surgery KABEG Clinic Klagenfurt am Wörthersee 9020 Klagenfurt am Wörthersee, Austria	Prof. Dr. med. Claus C. Pieper	Head of the Division for Minimally-invasive Lymph Vessel Therapy Specialist in Radiology and Neuroradiology Clinic for Diagnostic and Interventional Radiology University Hospital Bonn 53105 Bonn, Germany
Prof. Dr. med. Karsten Knobloch, FACS	Specialist in General, Plastic and Aesthetic Surgery, Hand Surgery, Sports Medicine, Emergency Medicine SportPraxis Prof. Knobloch 30159 Hannover, Germany	PD Dr. med. Anett Reißhauer	Head of the Physical Medicine Department Charité-Universitätsmedizin Berlin Corporate member of Freie Universität Berlin and Humboldt Universität zu Berlin 10117 Berlin, Germany
Prof. Dr.	September 2025: SportPraxis Austria 2380 Perchtoldsdorf, Austria Head of Center for Clinical Studies Regensburg	Ao. UnivProf. Mag. Dr. rer. nat. Andreas Rössler	Institute of Physiology Medical University of Graz 8010 Graz, Austria
Michael Koller	Guideline commissioner of the AWMF Center for Clinical Studies University Hospital Regensburg 93402 Regensburg, Germany	OA Dr. med. Johannes Steinbacher	Consultant Physician at Hospital of the Divine Savior Department of Plastic and Reconstructive Surgery
Dr. med. Peter J. Mallinger	Specialist for Plastic & Aesthetic Surgery Hand Surgeon Practice Dr. Peter J. Mallinger 9400 Wolfsberg, Austria		1170 Vienna, Austria Ordination STEINBACHER Specialist in Plastic, Reconstructive and Aesthetic Surgery 3002 Purkersdorf, Austria

Andrzej Szuba, MD, PhD Professor of Medicine Department of Angiology and Internal Medicine Faculty of Medicine Wroclaw Medical University 50-556 Wroclaw, Poland

## General information

Place	KUSS Congress & Eventcenter Wolfsberger Stadtwerke GmbH St. Thomaser Straße 2 9400 Wolfsberg, Austria kuss-wolfsberg.at
Date, Time	<ul> <li>Friday, April 25<sup>th</sup>, 2025, 5 pm – 8 pm: Congress</li> <li>From 8 pm: Come together with dinner</li> <li>Saturday, April 26<sup>th</sup>, 2025, 8:45 am – 1:30 pm</li> <li>Optional: <ul> <li>Visit the Lymph Clinic Wolfsberg</li> <li>ICG Workshop at Lymph Clinic Wolfsberg</li> </ul> </li> </ul>
Conference chair	Prim. Dr. med. Christian Ure
Scientific lead	em. Prim. Dr. med. Walter Döller
Congress coordinator	EOÄ Dr. med. Berit Seeland
Organiser	LYMPHKLINIK WOLFSBERG LKH-Wolfsberg, KABEG Paul-Hackhofer-Straße 9 9400 Wolfsberg, Austria lymphklinik.at in collaboration with
	Juzo Academy Julius Zorn GmbH Juliusplatz 1 86551 Aichach, Germany juzo.com
Simultaneous interpreting	German and English
Certification	You will receive a confirmation of participation.

# Registration

 online – please use the QR Code or juzo.de/lymphkliniktag-wolfsberg
 After a successful registration you will receive a confirmation e-mail.



### Close of registrations April 18th, 2025

Remaining seats can be requested by phone after the registration deadline.

### **Registration fee**

<ul> <li>• 79.00 € incl. statutory VAT</li> </ul>			
Please transfer the registration fee in advance to the following account.			
Bank details:	Austrian Anadi Bank		
Receiver:	Landeskrankenhaus Wolfsberg		
IBAN:	AT87 5200 0000 0134 0034		
BIC:	HAABAT2K		
Code:	name of the attendee, 10 <sup>th</sup> Lymph Clinic Day		

### Conference coordinator

 Contact address Lymph Clinic

 Corinna Blagusz

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 +43 (0)4352 533 76903

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 +43 (0)4352 533 76909

 E-mail
 info@lymphklinik.at

### Accommodation

If you need accommodation please contact the Juzo Academy (lena.steiner@juzo.de). We have set aside corresponding contingents at various hotels.

### With kind support from:

- · Österreichische Lymph-Liga, 2560 Berndorf, Austria
- · maierhofer GmbH, 9020 Klagenfurt, Austria
- Villa Sana GmbH & Co. medizinische Produkte KG, 91781 Weiboldshausen, Germany
- Dr. Schuhfried Medizintechnik GmbH, 1090 Vienna, Austria and

Bösl Medizintechnik GmbH, 52068 Aachen, Germany

#### Privacy statement

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Photographs will be taken during the event and published as part of the event coverage. If you do not wish to be photographed, please let the photographer know at the venue.